



Introduction to Thyroid Ultrasound

Virtual Conference

August 7, 2026

Friday, August 7, 2026		
7:30	Welcome	
7:45	Interactive Pre-Polling Session	
8:00	Cervical Ultrasound Imaging Fundamentals	Jennifer Sipos, MD
8:30	Thyroid Anatomy, Scan Techniques & Imaging Protocols and Normal Ultrasound Characteristics	
9:00	Break	
9:15	Ultrasound Evaluation of Thyroid Nodules	Jennifer Sipos, MD
10:00	Ultrasound Evaluation of Diffuse Thyroid Disorders <ul style="list-style-type: none"> • Hashimoto's • Graves Disease • Thyroiditis 	
10:30	Break	
10:45	Ultrasound Evaluation of Lymph Nodes, Vocal Cords, and Non-Thyroid Neck Anatomy	Jennifer Sipos, MD
11:30	Ultrasound-Guided Interventional Techniques	
12:00	Case Studies	Jennifer Sipos, MD
12:20	Interactive Post-Polling Session	
12:30	Adjourn	

** This is a tentative course itinerary. Lecture faculty, times and dates may be subject to change.



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The Gulfcoast Ultrasound Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Gulfcoast Ultrasound Institute designates this internet live educational activity for a maximum of 4.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This course also meets CME / CEU requirements for ARDMS. Note: While offering the CME credit hours noted above, activities are not intended to provide extensive training or certification for exam performance or interpretation.

NEEDS STATEMENT:

The planning committee has determined a need for the following educational activity based on request from the medical community, expanded utilization of ultrasound, and lab accreditation requirements.

Course Objectives: At the completion of this program the participant should be able to:

1. Increase the participant's knowledge to better perform and/or interpret thyroid ultrasound examinations.
2. State the basic fundamentals of ultrasound physics and adjustment of system settings for image optimization.
3. State routine scan protocols associated with ultrasound evaluation of thyroid, lymph nodes, vocal cords, and non-thyroid neck anatomy.
4. Recognize normal thyroid characteristics on ultrasound.
5. Identify ultrasound characteristics of benign and suspicious thyroid nodules.
6. Recognize ultrasound characteristics of diffuse thyroid disorders (Hashimoto's, Graves, thyroiditis).
7. Outline the ultrasound examination protocols of the neck in patients with thyroid cancer for identification of recurrent/residual disease.
8. List available interventions for ultrasound of the neck including the various ultrasound-guided fine needle aspiration techniques.

While offering CME credits this activity is not intended to provide extensive training or certification for the performance or interpretation of thyroid ultrasound examinations. We recommend working under supervision until an accepted level of proficiency has been achieved.

No financial commercial support or educational grants were received for this activity and no "in-kind" commercial support is provided as no "hands-on" instruction is performed.



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Disclosure of Presence/Absence of Relevant Financial Relationships with Ineligible Companies for Individuals in Control of Content

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FACULTY:

Jennifer Sipos, MD

Professor of Medicine

Division of Endocrinology

Medical Director, Neuroendocrine Service Line

Arthur G James Comprehensive Cancer Center

The Ohio State University

Columbus, Ohio

No relevant financial relationships to disclose

Content:

All content for this CME activity were reviewed and approved by member(s) of the GUI staff to determine content validity and ensure that no commercial bias exists prior to final course material compilation and printing.

Reviewed & approved:

Lori Green BA, RDMS, RDCS, RVT

Trisha Reo AAS, RDMS, RVT

Mark Swanson, RDMS, RVT



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Disclosure of Presence/Absence of Relevant Financial Relationships with Ineligible Companies for Individuals in Control of Content

In addition to the faculty listed on the previous page, the following individuals are recognized by GUI as being in control of content of this program:

James Mateer, MD, RDMS (Medical Director-planner & QI Task Force)

Medical Director, Gulfcoast Ultrasound Institute
Milwaukee, WI

No relevant financial relationships to disclose

Charlotte Derr, MD, RDMS, FACEP, FPD-AEMUS (Co-Medical Director-planner & QI Task Force)

Professor of Emergency Medicine
Fellowship Director of Advanced Emergency Medicine Ultrasound Fellowship Program
University of South Florida Morsani College of Medicine
Tampa, FL

No relevant financial relationships to disclose

Andreas Dewitz, MD, RDMS (Member of Advisory Board & QI Task Force Subcommittee)

Clinical Professor of Emergency Medicine
Clinical Director of POCUS Education, Solomont Simulation Center
Department of Emergency Medicine
Boston Medical Center
Boston, MA

No relevant financial relationships to disclose

Lori Green, BA, RDMS, RDCS, RVT (Program Director-planner, Content Reviewer, QI Task Force)

Gulfcoast Ultrasound Institute, Inc.
St. Petersburg, FL

No relevant financial relationships to disclose

Trisha Reo, AAS, RDMS, RVT (Program Coordinator-planner, Content Reviewer, QI Task Force)

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Mark Swanson, RDMS, RVT (Senior Clinical Instructor/Product Specialist-planner, Content Reviewer, QI Task Force)

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St. Petersburg, FL

No relevant financial relationships to disclose

At the time of printing **all hands-on instructors for this program have signed disclosure forms and have no relevant financial relationships to disclose.** A verbal disclosure will be made during opening remarks. All scanning sessions are monitored by the program director and/or the program manager to ensure education objectives are met and no commercial bias occurs.